



STATEMENT FROM MPA ON UVELDE, TEXAS SCHOOL SHOOTING

Once again, our hearts are broken after another school shooting. The massacre of elementary school students and teachers, carried out recently in Uvalde, Texas, is the latest in a horrible – and seemingly unending – string of assaults on innocent people in schools, stores, churches and synagogues.

The Michigan Psychological Association extends its deepest condolences to the families of the victims of this latest tragedy in which an individual with a gun took the lives of 19 children and 2 teachers at Robb Elementary School in Uvalde.

After each mass murder, we hope it is the last. And then we are shocked anew when the next atrocity is carried out by someone with guns and hundreds of rounds of ammunition. And after each mass murder, MPA hears the voices of many psychologists calling for Congress to take action to place tighter restrictions on the purchases of guns and ammunition.

The Michigan Psychological Association strongly supports legislation that will better restrict access to guns while promoting public safety. Both the Michigan Psychological Association and the American Psychological Association advocate common sense gun reforms, including background checks of prospective gun buyers, safe gun storage, laws implementing extreme risk protection orders and more research into the psychological factors that lead to gun violence. It is not enough to simply advocate for changes. We encourage all citizens who want to see an end to gun violence to become active in demanding that laws are enacted to bring an end to senseless gun violence.

MPA can offer referrals to psychologists for anyone who is anxious, sad or grieving about the deaths of innocent victims. To find a psychologist near you visit: www.michiganpsychologicalassociation.org/find-a-psychologist

Additional Resources:

- [Helping your children manage distress in the aftermath of a shooting](#)
- [Managing your distress in the aftermath of a shooting](#)
- [APA resources for coping with mass shootings, understanding gun violence](#)